

**SUPPLEMENTARY EXERCISES UNIT 4**

**1- Complete the text below with the following set of words:**

**diet - risk – brimming – recommend – portions – benefits – healthy – variety – such – frozen**

Fruit and vegetables are ..... with fiber, plus a whole range of vitamins and minerals, and because they are low in calories, they make an important and ..... addition to your .....

Scientific studies have shown that people who eat a lot of fruit and vegetables may have a lower ..... of getting illnesses, ..... as heart diseases and some cancers. For this reason, health authorities .....that you eat at least five ..... of fruit and vegetables every day – and it doesn't matter whether they are fresh, tinned, ....., cooked, juiced or dried.

To get the best health ....., your 5 DAY portions should include a combination of a ..... of fruit and vegetables.

**2- Put the bracketed words in the right tense or form and circle the right alternative:**

If we only bought things we needed, there ( **be** ) ..... enough for everybody. What do we need? What you need depends ( **in - on – at** ) how old you are and your way of life. If we don't need to buy so much, we don't need to work so much. We can take part-time jobs or reduce our working hours from 8 hours to 6 hours. Some people are leaving very ( **good** ) .....-paid jobs to live a ( **health** ) ..... life in the countryside or a more ( **excite** ) ..... life abroad. Parents can spend ( **much** ) ..... time with their children and the ( **not employed** ) ..... are given more opportunities to work.

If we start to respect saving the earth more than ( **spend** ) ..... money, we ( **become** ) ..... 'conservers'. When we are conservers, we try to choose ( **environment** ) .....-friendly products ( **who – which – what** ) are durable and last a long time. We may find growing our own vegetables or making our own clothes more rewarding than ( **buy** ) ..... them.

**3- Put the bracketed words in the right form or tense:**

New inventions have been ( **continue** ) ..... developed to improve our way of life. Such developments ( **call** ) ..... technological advances. Technological advances help us, but many of them also bring harm to the environment. The automobile engine is an example of a very ( **use** ) ..... technological development that harms the environment. Through the

years, automobiles ( **make** ) ..... more and more ( **power** ) ..... . Many cars being built today have two to three times as much power as most cars ( **build** ) ..... during the 1940s. Because of this, the new cars produce more ( **pollute** ) ..... exhaust than the older ones did.

#### 4-Fill in the blanks with the set below:

**plentiful – flooded – warming – starvation – diseases – enough – rising – habitats – bears**

The harmful effects of global ..... on daily life are already showing up, and within a couple of decades hundreds of millions of people won't have ..... water, top scientists will say next month at a meeting in Belgium.

At the same time, tens of millions of others will be ..... out of their homes each year as the earth reels from ..... temperatures and sea levels, according to portions of a draft of international scientific report obtained by the Associated Press.

Tropical ..... like malaria will spread. By 2050, polar ..... will mostly be found in zoos, their ..... are gone. Pests like fire ants will thrive.

For a time, food will be ..... because of the longer growing season in northern regions. But by 2080, hundreds of millions of people could face ....., according to the report, which is still being revised.

#### 5- Complete the letter below with the missing words:

**advertised – as – convenient – shorthand – application – diploma – apply – speed – available – passed – educated – forward – favorably**

Dear Sir,

I would like to .....for the post of secretary .....in the Evening Standard of October 3<sup>rd</sup>.

I am 24 years old and was .....at the West London Comprehensive school where I .....the "O" and "A" levels. I have also obtained my secretarial .....from the Star Secretarial College. My typing .....is 40 words per minute and my .....speed is 100 words per minute.

For the last two years, I worked .....the personal secretary to the Managing Director of Millways Toys Ltd.

If my .....is considered ....., I would be ..... for an interview at any time that is .....to you.

Looking .....to a quick reply.

Yours faithfully,

Jane Hills

#### 6- Fill the blanks with the missing words:

**rushing – annoyed – worth – noisy – rather – depressing – friendly – pollution – unexciting**

Many country people dislike city life and find it quite ..... According to them, city dwellers are always ..... past in a hurry and are not very ..... Whenever they visit the city, they get ..... with the ..... of the air and the ..... streets. So, they had ..... get back to their quiet ..... life in the country. They think the city is not ..... visiting.

**7- Complete with the missing words:**

**give - concerned – aware – succeeded – campaigns – cause – harmful – advertising – inhaled – ban - faster**

Action on Smoking and Health (ASH) exists in order to make the public more .....of the dangers of smoking. It tries to make people ..... up the habit by organizing anti-smoking....., and it is especially ..... with limiting cigarette ..... . So far, it has .....in persuading the Government to ..... cigarette advertising on television.

Smoking can ..... cancer, bronchitis and heart disease. The nicotine ..... from cigarettes makes the heart beat ....., and makes the arteries contract. Although these ..... effects are well known, people continue to smoke. Some people carry on even after having a heart attack or having a leg amputated.

**8- Express these sentences differently:**

- 1-It isn't necessary that you lock the door.  
You needn't .....
- 2- I'm almost certain that I've left my keys upstairs.  
I must .....
- 3- They didn't call the doctor although it would have been advisable.  
They should .....
- 4- It isn't possible for him to have finished his essay already.  
He can't.....
- 5- The best thing would be to apologize.  
You had.....

**9- Choose the right alternative:**

- 1- Instead of coming home early after school yesterday, she went to the cinema. She ..... home.  
( **must have come – should have come – would have come** )
- 2- It's sure to rain later, so I think you ..... an umbrella with you.  
( **ought to take – must have taken – needn't take** )
- 3- John ..... this letter himself as he doesn't know a word of Arabic.  
(**could have written – should have written – can't have written**)
- 4- We had a plan of the town, so ..... where the station was.  
(**mustn't ask – should have asked – didn't need to ask**)
- 5- Why did you let David borrow my bicycle? You ..... that!  
( **can't have done – couldn't have done – shouldn't have done**)

**10- Express these sentences differently:**

1- I don't know your friend, so I don't speak to her.

If I .....

2- She didn't have any flour, so didn't make any cakes.

If she .....

3- They can't go to the cinema as they have no one to look after their baby.

If .....

4- The weather wasn't warm enough, so They didn't go swimming.

If .....

5- He can't play football on Sundays because he has some work.

If .....

6- I won't go if I'm not invited.

Unless .....

7- We must wear warm clothes; otherwise we'll be cold.

Unless .....

8- What a noise those people make!

How.....

9- I have finished my homework. My friends have finished, too.

I have finished my homework, so .....

10- John doesn't like maths. Jane doesn't like maths, either.

John doesn't like maths. Nor .....

11- Nawal is a popular athlete. Several newspapers have published articles about her.

Nawal is such .....

12- Although he had injured his knee, he played till the end.

Despite .....

13- She was away from school for a month. She got good marks.

In spite of .....

13- He wrote an essay yesterday. He read a book, too.

Not only .....

14- If you don't shut the window, the rain will come in.

Unless.....

15- He is very strict. All his pupils are frightened of him.

He is so .....

16- I got to the cinema early. I wanted to have a good seat.

I got to the cinema early so .....